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The Sensory Systems

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System	Location	Function
Tactile (touch)	Skin – Many cells respond to light and deep touch all over the body. Most receptors for touch are in the mouth and hands.	Provides information about the environment and object qualities (touch, pressure, texture, hard, soft, sharp, dull, heat, cold, pain).
Vestibular (balance)	Inner ear – Stimulated by head movements and input from the other senses, especially visual.	Provides information about where our body is in space, and whether or not we are moving. Tells us about speed and direction of movement.
Proprioceptive (body awareness)	Muscles & joints – activated by muscle contractions and movements.	Provides information about where a certain body part is and how it is moving.
Visual (sight)	Eye – Stimulated by light.	Provides information about objects and persons. Helps us define boundaries as we move through space and time.
Auditory (hearing)	Inner ear – Stimulated by air/sound waves.	Provides information about sounds in the environment (loud, soft, high, low, near, far).
Gustatory (taste)	Tongue – Closely linked with the sense of smell.	Provides information about different types of taste (sweet, sour, bitter, salty, spicy).
Olfactory (smell)	Nose – Receptors line the inside of the nose.	Provides information about different types of smells (musty, acrid, putrid, flowery, pungent).