



VON Oxford Overnight Respite Program *Information Page*

This exciting program is offered in our Woodstock Site but is open to clients from all three of the VON Oxford Adult Day Programs

The program is aimed to support clients with needs such as those that are frail elderly, adults at risk, and adults with disabilities, Alzheimer's disease, or other progressive cognitive disorders.

The goal is to provide respite to the caregivers that support these individuals and ultimately enable the clients to stay in their homes longer.

The Overnight Respite program is held at the VON office in Woodstock. It is offered most Tuesdays and Wednesdays for up to two people.

The cost of the overnight stay is \$35.00 and runs from approximately 3:00 pm until 9:00 am the following day.

Clients are also able to take advantage of attending the Adult Day Program for the full day before and after their scheduled overnight. This means that a client could come on Tuesday morning at 9:00am and stay with us until Thursday at 3:00pm in the afternoon. This continuous stay would add up to 54 hours of respite for the Caregiver. Clients may also opt for a bath during the Overnight Respite Hours for an extra \$8.50 charge.

The Overnight Program is staffed at a 1:1 client to staff ratio of Personal Support Workers that the clients are familiar with from their sites, as well if prearranged we can have a Nurse or a Registered Practical Nurse on call for more complex care needs.

Activities arranged by our Recreationist are client-centered and may include going for walks, baking, playing cards, and various other activities. "Bedtime" is determined by the information provided by the caregiver or the clients. It is a very relaxed setting where activities can be modified easily if needed. Supper and Breakfast are provided and again is decided by the likes and dislikes of the clients.



If you would like more information about this program, or would like to book an overnight stay please do not hesitate to talk to the staff at the Adult Day Program or call:

Carolyn Kaufman at 519-539-1231 or 1-888-641-5197 ext. 226.