Appointment required. Please call to book. Date: Time: Date: Time: Call Call Call Call Call Call Call Call	
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Barium Swallow Upper G.I. Series	
Upper G.I. Series	
Small Bowel Follow Through	
BONE DENSITOMETRY	
Please see instructions on reverse.	
Bone Mineral Density ast exam date and location:	
ULTRASOUND Please see instructions on reverse.	
OB for Dating (less than 16 weeks)	
OB – Routine (>20 weeks)	
OB – High Risk	
Abdomen – Complete	
Abdomen – Limited (specify):	
Aorta	
Bladder	
Renal	
Pelvis – proceed to transvaginal if appropriate	
Popliteal Fossa – Right Left	
Shoulder – Right Left Bilateral	
Thyroid	
Scrotal	
DVT Leg – Right Left Carotid Doppler – Please include list of medications.	

Practitioner's Signature

Date





South Huron Hospital Association – Diagnostic Imaging Department Phone: 519-235-5163

X-RAY PREPARATIONS (Please check appropriate box below)

If you are diabetic, please notify the Diagnostic Imaging Department when booking your appointment

□ G.I./BARIUM SWALLOW

• Have nothing to <u>eat</u> or <u>drink</u> at least <u>6 hours prior</u> to your examination time.

□ SMALL BOWEL FOLLOW THROUGH

• One box Pico-Salax – the box contains 2 packets of bowel preparation. You will need to take both of them. You can pick this up at the pharmacy.

(Day before the examination)

- Eat a normal breakfast.
- Clear fluids for the rest of the day (no solid food or milk products).
- Take 1st packet of Pico-Salax at about 11:00 a.m. mix it in a 150ml mug of cold water. You
 must continue to stir while drinking the mug of Pico-Salax to ensure all the laxative has
 dissolved. Drink one glass of water (or more) each hour over the next 3 hours to replace fluids
 lost throughout the cleansing process.
- Take 2nd packet of Pico-Salax at about 3:00 p.m. mix it in a 150ml mug of cold water. Again, continue to stir while drinking to ensure the laxative has dissolved. Drink one glass of water (or more) each hour over the next 3 hours.
- Liquid dinner of clear fluids (apple juice, chicken broth, jell-o, popsicles, water, black tea, or black coffee, etc.).
- Nothing to eat or drink after midnight Do not eat or drink anything in the morning.
- The exam may take 2-4 hours to complete. Please be prepared to stay that long.

□ BONE MINERAL DENSITY

- Please wear clothing with no buttons or zippers & no underwire bra.
- No calcium on day of examination.

ULTRASOUND PREPARATIONS (Please check appropriate box below)

□ ABDOMEN (Complete or Limited Study)

• Have nothing to <u>eat</u> or <u>drink</u> after midnight.

□ PELVIC EXAMINATION (Male or Female)

• Have 40 oz. (1200ml) of water consumed and <u>finished</u> 1 hour prior to your appointment time. DO NOT empty your bladder until after your examination.

\Box OBSTETRICAL EXAMINATION

• Preparation the same as Pelvic Examination above.

\Box ALL OTHER EXAMINATIONS

• No preparation required.

