Did You Know?
The cost of operating a car includes depreciation, maintenance, insurance and gas. A very conservative estimate of those annual costs is = $4,780 a year, which does not include licensing fees, parking, etc. This equates to $92/week that could be spent on other forms of transportation.

Alternatives to driving exist.
Use this booklet to experiment and become familiar with transportation options available in your community.
Red Cross Society – St. Thomas  
(519) 631-1611

Cost: $9.50 return to anywhere in St. Thomas city area; $33.00 return to anywhere in London  
Hours: 8:30a.m. - 4:30p.m. Monday to Friday  
Reservation: 3 days in advance  
Eligibility: Clients who need assistance, do not take non-ambulatory clients  
Accessibility: One mini van, no wheelchairs  
Areas: St. Thomas and London  
http://www.redcross.ca/article.asp?id=37112&tid=067

VON Senior Support Services – Municipality of Thames Centre Region  
(519) 268-7028

Cost: 0.35/km; $5.00 minimum within area  
Hours: 8am-4pm; additional times can be arranged  
Reservation: 24-48 hours in advance recommended  
Eligibility: Senior citizens and adults with physical disabilities; medical or other appointments, shopping, errands and social outings.  
Accessibility: Wheelchair accessible (extra cost)  
Areas: Dorchester and Thorndale  
http://vonmiddlesexelgin.ca/transportation-services

VON Senior Support Services – North Central Region (Lucan)  
(519) 227-4546

http://vonmiddlesexelgin.ca/transportation-services

This guide to transportation service options available for older adults in London was developed by the Transportation Committee of the Seniors Community Association.

The mandate of the Transportation Committee is to ensure that London seniors are able to maintain their independence and mobility in the community through access to a range of affordable public transportation and alternative options.

Committee membership is voluntary and includes a broad range of seniors, interested citizens and service providers with a keen interest and understanding of the transportation needs of older adults and the current resources available.

SENIORS COMMUNITY ASSOCIATION

Transportation Committee  
www.scalondon.ca

For content updates contact:  
519 660 1430 x 233 or the respective agencies or visit the websites listed in brochure
Bus Stop Plates are changing.

London Transit is replacing its existing yellow/black bus stop plates with a new blue/white design. The new design will provide more details such as route information and stop ID. For more information, please contact Customer Service staff at 519-451-1347.

Ingersoll Services for Seniors
(519) 485-2269

Cost: $0.45/km
$6.00 for trips within Ingersoll
$16.00 for trip to Woodstock
$20.00 for trip to Dorchester
$25.00 for trip to Tillsonburg
$39.00 for trip to London

Hours: 8am-4:30pm
Reservation: Advance booking recommended
Eligibility: Senior citizens and adults with physical disabilities living in the Ingersoll area
Accessibility: Vehicles are personal vehicles. Not accessible for wheelchairs
Areas: Woodstock, Sarnia, Dashwood, Walkerton
http://www.ocl.net/projects/ingersollseniors/index.htm

Oneida Nation on the Thames
(519) 652-0500

Cost: Free for long term care residents
Hours: During community program times
Reservation: By 10 am the morning of the program
Eligibility: Resident in long-term care program; senior citizen or adult with disabilities
Accessibility: Personal vehicles; room for 2 wheelchairs available
www.oneida.on.ca
Four Counties Health Services
(519) 693-8604 1-800-724-3401

Cost: $4 one way within the catchment area; to London $25/hr + $0.70/km; set fees vary with distance travelled
Hours: 8am-5pm
Reservation: 24 hours notice
Eligibility: All ages
Accessibility: Can accommodate 2 wheelchairs; transports up to 16 people
Areas: Newbury and area; parts of western Middlesex, Elgin, Kent, and Lambton
www.mhalliance.on.ca

Hoffman’s Patient Transfer Inc.
(519) 237-3631

Cost: $106/hr, $63/hr to wait; price quotes are available for less than an hour and vary; please call to discuss
Hours: 24 hours/day, 7 days/week
Reservation: All ages
Eligibility: Vehicles are ambulance like, with on-board oxygen, suction management and two qualified attendants on board; wheelchair accessible
Areas: Woodstock, Sarnia, Dashwood, Walkerton
www.hoffmanspatienttransfer.com

London Agencies

At Your Service for Seniors
(519) 872-0875

Cost: $22.50/hr $0.45/km, transportation & accompaniment
Hours: Mon-Fri; 8am-6pm or on request
Reservation: 2-3 days in advance
Eligibility: Senior in city of London and St. Thomas
Accessibility: Walkers and folding wheelchairs
www.atyourserviceforseniors.ca

Boys’ & Girls’ Club of London
(519) 434-9119

Cost: $4.00 each way (10 tickets for $37.50)
Hours: 8am-4pm; buses depend on programming
Reservation: 3 days in advance
Eligibility: Senior citizens must register with club programs
Accessibility: Wheelchair accessible vehicles
www.bgclondon.ca

Canadian Cancer Society
(519) 432-1137

Cost: Free
Hours: Mon-Fri 9am-5pm
Reservation Minimum 2 business days advance
Eligibility: Patients needing transportation for cancer-related care
Helping Hands Plus London  
(519) 472-1446

Cost: Escort $25/hr; transport + escort $43/hr for first and last hour; additional hours are $25
Hours: Mon-Fri, 9am-3pm; additional hours available
Reservation: 2-3 days in advance
Eligibility: All ages
Accessibility: Company vehicles not accessible; need to schedule wheelchair cab
www.helpinghandsplus.com

Home Instead Senior Care  
(519) 913-1662

Cost: Cost varies based on needs of the client
Hours: 24/7
Reservation: 12 hours in advance preferred
Eligibility: All ages
Accessibility: Can assist client into vehicle
http://www.homeinstead.com/london-on

London Medical Transportation Systems  
(519) 659-4809

Cost: Based on km; accessible vehicle in town is $49 one-way anywhere in London; services available outside of London
Hours: Mon-Fri 8:30am-5pm; additional hours available under exceptional circumstances (e.g. MRI, Kidney dialysis)
Reservation: 24-48 hours in advance
Eligibility: All ages
Accessibility: Accessible transportation
www.lmts.ca

Specialty Services

Aboutown Medical Transfer  
(519) 663-2121 or 1-877-663-2121

Cost: Wheelchair: $75/hr and $2.20 per km travelled over 10 km; first 1/2 hour of waiting time free; $88/hr for additional waiting time

Voyageur Patient Transfer  
(519) 455-1390

Cost: Local transport on a stretcher is $80.00 and a wheelchair is $48.00.
http://www.voyageurtransportation.ca/services/patient_transfer_services/overview

Surrounding Areas

Drive-U  
(519) 268-7602 – Dorchester

Cost: $0.80/km; $5.00 charge to come into London for pickup, may call for quotes; will stay with clients at appointments
Hours: 24 hours/day, 7 days/week
Eligibility: All ages
kenandtrish@rogers.com
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Hours</th>
<th>Accessibility</th>
<th>Website</th>
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<tbody>
<tr>
<td>Checker Limousine</td>
<td>(519) 659-0440</td>
<td>24 hours/day, 7 days/week</td>
<td>Will assist with walkers; can take foldable wheelchairs</td>
<td><a href="http://www.voyageurtransportation.ca/services/checker_limousine/overview">http://www.voyageurtransportation.ca/services/checker_limousine/overview</a></td>
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<tr>
<td>Komoka K Cab</td>
<td>(519) 657-1116</td>
<td>24 hours/day, 7 days/week</td>
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<td>Leo Taxis</td>
<td>(519) 615-0111</td>
<td>24 hours/day, 7 days/week</td>
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<tr>
<td>London Taxi</td>
<td>(519) 657-1111</td>
<td>24 hours/day, 7 days/week</td>
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<tr>
<td>Lucan Taxi</td>
<td>(519) 227-2277</td>
<td>24 hours/day, 7 days/week</td>
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<td>U-Need-A-Cab</td>
<td>(519) 438-2121</td>
<td>24 hours/day, 7 days/week</td>
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<td>London Transit Commission:</td>
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<tr>
<td>Conventional Transit</td>
<td>(519) 451-1347</td>
<td>Mon-Fri 6am-12am, Sat, Sun, &amp; holiday 8:30am-11pm</td>
<td>All ages</td>
<td><a href="http://www.ltconline.ca">www.ltconline.ca</a></td>
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<tr>
<td>Cherryhill Community Bus</td>
<td>(519) 451-1347</td>
<td>Call or visit website for route 51, 53, 54</td>
<td>33 routes; wheelchair accessible available; auditory cues for stop identification</td>
<td><a href="http://www.ltconline.ca">www.ltconline.ca</a></td>
</tr>
<tr>
<td>Specialized Transit</td>
<td>(519) 453-3444</td>
<td>Mon-Sat 6am-12am; Sun &amp; holiday 8:30am-11pm</td>
<td>Any resident with permanent disability, which prevents them from using London’s regular, fixed route transit service</td>
<td><a href="http://www.ltconline.ca/Specialized.htm">http://www.ltconline.ca/Specialized.htm</a></td>
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Meals on Wheels London
(519) 660-1430

Cost: $15.00 round trip
Hours: 8:30am-4:30pm
Reservation: Minimum 1 week notice
Eligibility: Only available for medical appointments: seniors and adults with disabilities who are unable to use public transit
Accessibility: Personal vehicles, not wheelchair accessible
http://www.meals-on-wheels.ca/transportation

Mobile Link Ltd.
(519) 850-2273 1-877-460-5465

Cost: $16 pick-up fee, plus 0.85/km; $90 return trip of 30km wheelchair: $45 per pick-up + $1.00 per km traveled over 15km
Hours: Mon-Fri, 8am-5pm; additional times possible
Locations: Services available outside of London
Eligibility: All ages; no discounts
Accessibility: Wheelchair, stretcher, ambulatory transportation and door-to-door
www.mobilelinktransportation.com

Over 55 (London Inc.)
(519) 680-1464

Cost: Negotiable between client and driver; drivers are police checked and have insurance
Hours: 8:30am-4:30pm
Reservation: Best to call a couple of days in advance
Eligibility: Service available outside of London
Accessibility: Personal vehicles, not wheelchair accessible
http://www.over55london.ca/

Seniors for Seniors
(519) 433-5000

Cost: $16.50/hr, 2 hours min + 0.45/km + $3.00 insurance fee (or $5.00 per week if more than 1 trip a week); flat rate for charge city to city
Hours: Office hours 8:30am-4:30pm; rides available Mon-Fri, 7am-10pm, weekend & holiday rides can be requested
Reservation: 2 days in advance
Eligibility: Seniors (65+)
Accessibility: Can accommodate folding walkers and folding wheelchairs, no vans available for those who cannot transfer out of vehicle
http://www.srs4srs.org/

Taxi Services

** Inquire about seniors’ discount when booking **

Aboutown
Taxi: (519) 432-2222
Limo: (519) 663-2222

Cost: Based on zone system; seniors’ discount of 10% (ID stating 65+ required)
Hours: 24 hours/day, 7 days/week
Reservation: 24 hours advance preferred
Accessibility: Wheelchair accessible cab available – advance reservations recommended
www.aboutown.ca