

Did You Know?

The cost of operating a car includes depreciation, maintenance, insurance and gas. A very conservative estimate of those annual costs is = **\$4,780** a year, which does not include licensing fees, parking, etc. This equates to **\$92/week** that could be spent on other forms of transportation.

Alternatives to driving exist.

Use this booklet to experiment and become familiar with transportation options available in your community.

SENIORS COMMUNITY ASSOCIATION

Transportation Committee

www.scalondon.ca

For content updates contact:

519 660 1430 x 233 or the respective agencies or visit the websites listed in brochure

London & Area Transportation Information

SENIORS COMMUNITY ASSOCIATION

Transportation Committee



March 2012



Red Cross Society – St. Thomas
(519) 631-1611

Cost: \$9.50 return to anywhere in St. Thomas city area; \$33.00 return to anywhere in London

Hours: 8:30a.m. - 4:30p.m. Monday to Friday

Reservation: 3 days in advance

Eligibility: Clients who need assistance, do not take non-ambulatory clients

Accessibility: One mini van, no wheelchairs

Areas: St. Thomas and London

<http://www.redcross.ca/article.asp?id=37112&tid=067>

VON Senior Support Services – Municipality of Thames Centre Region
(519) 268-7028

Cost: 0.35/km; \$5.00 minimum within area

Hours: 8am-4pm; additional times can be arranged

Reservation: 24-48 hours in advance recommended

Eligibility: Senior citizens and adults with physical disabilities; medical or other appointments, shopping, errands and social outings.

Accessibility: Wheelchair accessible (extra cost)

Areas: Dorchester and Thorndale

<http://vonmiddlesexelgin.ca/transportation-services>

VON Senior Support Services – North Central Region (Lucan)
(519) 227-4546

<http://vonmiddlesexelgin.ca/transportation-services>

This guide to transportation service options available for older adults in London was developed by the *Transportation Committee* of the *Seniors Community Association*.

The mandate of the *Transportation Committee* is to ensure that London seniors are able to maintain their independence and mobility in the community through access to a range of affordable public transportation and alternative options.

Committee membership is voluntary and includes a broad range of seniors, interested citizens and service providers with a keen interest and understanding of the transportation needs of older adults and the current resources available.

SENIORS COMMUNITY ASSOCIATION

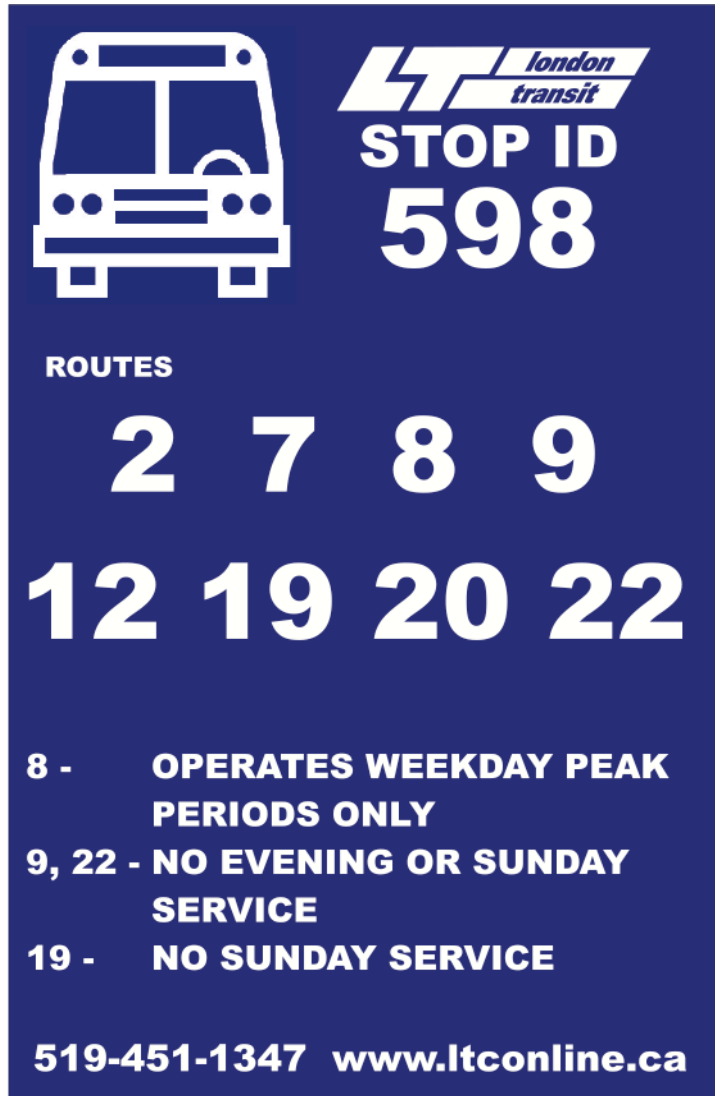
Transportation Committee

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Bus Stop Plates are changing.



London Transit is replacing its existing yellow/black bus stop plates with a new blue/white design. The new design will provide more details such as route information and stop ID. For more information, please contact Customer Service staff at 519-451-1347

Ingersoll Services for Seniors

(519) 485-2269

- Cost:** \$0.45/km
\$6.00 for trips within Ingersoll
\$16.00 for trip to Woodstock
\$20.00 for trip to Dorchester
\$25.00 for trip to Tillsonburg
\$39.00 for trip to London
- Hours:** 8am-4:30pm
- Reservation:** Advance booking recommended
- Eligibility:** Senior citizens and adults with physical disabilities living in the Ingersoll area
- Accessibility:** Vehicles are personal vehicles. Not accessible for wheelchairs
- Areas:** Woodstock, Sarnia, Dashwood, Walkerton
<http://www.ocl.net/projects/ingersollseniors/index.htm>

Oneida Nation on the Thames

(519) 652-0500

- Cost:** Free for long term care residents
- Hours:** During community program times
- Reservation:** By 10 am the morning of the program
- Eligibility:** Resident in long-term care program; senior citizen or adult with disabilities
- Accessibility:** Personal vehicles; room for 2 wheelchairs available
www.oneida.on.ca

Four Counties Health Services
(519) 693-8604 1-800-724-3401

Cost: \$4 one way within the catchment area; to London \$25/hr + \$0.70/km; set fees vary with distance travelled
Hours: 8am-5pm
Reservation: 24 hours notice
Eligibility: All ages
Accessibility: Can accommodate 2 wheelchairs; transports up to 16 people
Areas: Newbury and area; parts of western Middlesex, Elgin, Kent, and Lambton
www.mhalliance.on.ca

Hoffman's Patient Transfer Inc.
(519) 237-3631

Cost: \$106/hr, \$63/hr to wait; price quotes are available for less than an hour and vary; please call to discuss
Hours: 24 hours/day, 7 days/week
Reservation:
Eligibility: All ages
Accessibility: Vehicles are ambulance like, with on-board oxygen, suction management and two qualified attendants on board; wheelchair accessible
Areas: Woodstock, Sarnia, Dashwood, Walkerton
www.hoffmanspatienttransfer.com

London Agencies

At Your Service for Seniors
(519) 872-0875

Cost: \$22.50/hr \$0.45/km, transportation & accompaniment
Hours: Mon-Fri; 8am-6pm or on request
Reservation: 2-3 days in advance
Eligibility: Senior in city of London and St. Thomas
Accessibility: Walkers and folding wheelchairs
www.atyourserviceforseniors.ca

Boys' & Girls' Club of London
(519) 434-9119

Cost: \$4.00 each way (10 tickets for \$37.50)
Hours: 8am-4pm; buses depend on programming
Reservation: 3 days in advance
Eligibility: Senior citizens must register with club programs
Accessibility: Wheelchair accessible vehicles
www.bgclondon.ca

Canadian Cancer Society
(519) 432-1137

Cost: Free
Hours: Mon-Fri 9am-5pm
Reservation: Minimum 2 business days advance
Eligibility: Patients needing transportation for cancer-related care
http://www.cancer.ca/Ontario/Support%20Services/OD-Transportation.aspx?sc_lang=en

Helping Hands Plus London

(519) 472-1446

Cost: Escort \$25/hr; transport + escort \$43/hr for first and last hour additional hours are \$25)

Hours: Mon-Fri, 9am-3pm; additional hours available

Reservation: 2-3 days in advance

Eligibility: All ages

Accessibility: Company vehicles not accessible; need to schedule wheelchair cab
www.helpinghandsplus.com

Home Instead Senior Care

(519) 913-1662

Cost: Cost varies based on needs of the client

Hours: 24/7

Reservation: 12 hours advance preferred

Eligibility: All ages

Accessibility: Can assist client into vehicle
<http://www.homeinstead.com/london-on>

London Medical Transportation Systems

(519) 659-4809

Cost: Based on km; accessible vehicle in town is \$49 one-way anywhere in London; services available outside of London

Hours: Mon-Fri 8:30am-5pm; additional hours available under exceptional circumstances (e.g. MRI, Kidney dialysis)

Reservation: 24-48 hours in advance

Eligibility: All ages

Accessibility: Accessible transportation
www.lmts.ca

Specialty Services

Aboutown Medical Transfer

(519) 663-2121 or 1-877-663-2121

Cost: Wheelchair: \$75/hr and \$2.20 per km travelled over 10 km; first 1/2 hour of waiting time free; \$88/hr for additional waiting time

Voyageur Patient Transfer

(519) 455-1390

Cost: Local transport on a stretcher is \$80.00 and a wheelchair is \$48.00.

http://www.voyageurtransportation.ca/services/patient_transfer_services/overview

Surrounding Areas

Drive-U

(519) 268-7602 – Dorchester

Cost: \$0.80/km; \$5.00 charge to come into London for pickup, may call for quotes- will stay with clients at appointments

Hours: 24 hours/day, 7 days/week

Eligibility: All ages

kenandtrish@rogers.com

Checker Limousine
(519) 659-0440 1-800-263-7613

Cost: Flat rate based on zone system in town, by the km pricing out of town, seniors' (60+) discount of 10%; account can be set up for monthly invoice -- call 519-455-4579 ext 228 (credit card required)

Hours: 24 hours/day, 7 days/week

Accessibility: Will assist with walkers; can take foldable wheelchairs

http://www.voyageurtransportation.ca/services/checker_limousine/overview

Komoka K Cab
(519) 657-1116

Leo Taxis
(519) 615-0111 – Strathroy

London Taxi
(519) 657-1111

Lucan Taxi
(519) 227-2277

U-Need-A-Cab
(519) 438-2121

Cost: Based on zone system, seniors' discount 10% on dollar amount (ID stating 65+)

Hours: 24 hours/day, 7 days/week

Accessibility: Wheelchair accessible vehicles available; advance booking required

<http://www.uneedacaplondon.com>

London Transit Commission: Conventional Transit
(519) 451-1347

Cost: LTC bus fares

Hours: Mon-Fri 6am-12am, Sat, Sun, & holiday 8:30am-11pm

Reservation: Not required; refer to bus schedules for times

Eligibility: All ages

Accessibility: 33 routes; wheelchair accessible available; auditory cues for stop identification
www.ltconline.ca

LTC: Cherryhill Community Bus
(519) 451-1347

Cost: LTC bus fares

Hours: Call or visit website for route 51, 53, 54

Reservation: Not required; refer to bus schedules for times

Eligibility: All ages

Accessibility: 33 routes; wheelchair accessible available; auditory cues for stop identification
www.ltconline.ca

LTC: Specialized Transit
(519) 453-3444

Cost: LTC bus fares

Hours: Mon-Sat 6am-12am; Sun & holiday 8:30am-11pm

Reservation: 3 days advance

Eligibility: Any resident with permanent disability, which prevents them from using London's regular, fixed route transit service

Accessibility: Yes

<http://www.ltconline.ca/Specialized.htm>

Meals on Wheels London

(519) 660-1430

Cost: \$15.00 round trip

Hours: 8:30am-4:30pm

Reservation: Minimum 1 week notice

Eligibility: Only available for medical appointments: seniors and adults with disabilities who are unable to use public transit

Accessibility: Personal vehicles, not wheelchair accessible
<http://www.meals-on-wheels.ca/transportation>

Mobile Link Ltd.

(519) 850-2273 1-877-460-5465

Cost: \$16 pick-up fee, plus 0.85/km; \$90 return trip of 30km wheelchair: \$45 per pick-up + \$1.00 per km traveled over 15km

Hours: Mon-Fri, 8am-5pm; additional times possible

Locations: Services available outside of London

Eligibility: All ages; no discounts

Accessibility: Wheelchair, stretcher, ambulatory transportation and door-to-door
www.mobilelinktransportation.com

Over 55 (London Inc.)

(519) 680-1464

Cost: Negotiable between client and driver; drivers are police checked and have insurance

Hours: 8:30am-4:30pm

Reservation: Best to call a couple of days in advance

Eligibility: Service available outside of London

Accessibility: Personal vehicles, not wheelchair accessible
<http://www.over55london.ca/>

Seniors for Seniors

(519) 433-5000

Cost: \$16.50/hr, 2 hours min + 0.45/km + \$3.00 insurance fee (or \$5.00 per week if more than 1 trip a week); flat rate for charge city to city

Hours: Office hours 8:30am-4:30pm; rides available Mon-Fri, 7am-10pm, weekend & holiday rides can be requested

Reservation: 2 days in advance

Eligibility: Seniors (65+)

Accessibility: Can accommodate folding walkers and folding wheelchairs, no vans available for those who cannot transfer out of vehicle
<http://www.srs4srs.org/>

Taxi Services

*** Inquire about seniors' discount when booking ***

Aboutown

Taxi: (519) 432-2222

Limo: (519) 663-2222

Cost: Based on zone system; seniors' discount of 10% (ID stating 65+ required)

Hours: 24 hours/day, 7 days/week

Reservation: 24 hours advance preferred

Accessibility: Wheelchair accessible cab available – advance reservations recommended
www.aboutown.ca