

MVFHT VISION

To maximize the health of our community by doing as much as we can, as well as we can, for as many as we can.

MVFHT GOAL

To enhance access to primary care services for the residents of west Huron County while maintaining other critical health services.

A Family Health Team (FHT) is an approach to primary health care that brings together health care providers to co-ordinate the highest possible quality of care for you - the patient.

Designed to give primary health care providers support from other allied health professionals, the Maitland Valley Family Health Team consists of Doctors, Nurse Practitioners, Nurses and other health care professionals who work together so that patients receive the very best care.

The Maitland Valley FHT is patient-centered and gives you access to a number of primary health care services from a variety of team members, including your primary health care provider.

For example:

- Your primary health care provider will continue to see you during regular office hours.
- You will have access to other health care professionals within the FHT, such as a Nurse Practitioner, Nurse, Dietitian, Social Worker, Psychologist and Pharmacist.
- If you see another Doctor, Nurse Practitioner or allied health professional within the FHT, your primary health care provider will receive documentation about the nature of your problem so that he/ she will always be up-to date about your medical condition.
- The FHT is able to take advantage of information technology to organize your health information and share it securely with other health professionals on the team.
- The Maitland Valley FHT is organized to offer you timely access to high quality primary care. Research shows that this access results in patients being healthier longer.

MAITLAND VALLEY FAMILY HEALTH TEAM LOCATIONS AND HOURS OF OPERATION:

Maitland Valley Medical Centre

180 Cambria Road North

Goderich, ON N7A 4N8

Phone 519-524-6060

Fax 519-524-5225

Monday - Friday 8:00 a.m. – 5:00 p.m.

****Closed all statutory holidays.****

Dr. Hollingworth

181 Cambria Road North

Goderich, ON N7A 4N8

Phone 519-524-5385

Fax 519-524-8926

Mon, Tues, Thurs, Fri

9:30 a.m. - 4:30 p.m.

(closed Wednesdays)

****Closed all statutory holidays.****

Laboratory Services

The MVMC FHT has laboratory services available on site Monday to Friday.

Hours of Operation:

Monday 8:00 – 12:30 and 1:30 – 5:00

Tuesday 8:00 – 12:30 and 1:30 – 5:00

Wednesday 8:00 – 12:30

Thursday 8:00 – 12:30 and 1:30 – 5:00

Friday 8:00 – 12:30



Maitland Valley

Family Health Team



For additional information please contact:

Lorri Lowe, FCMA

Executive Director

Phone 519-524-6060 ext 240

Fax 519-524-5225

Email: lowe@mvmc.ca

PRIMARY HEALTH CARE PROVIDERS

Primary health care providers are responsible for:

- performing medical assessments on patients
- the treatment and management of patient's health needs
- education in the areas of medication, disease and issues relating to disease
- advocacy for the patient in navigating through complex health care systems
- referral and collaboration with other health care providers and agencies

The Maitland Valley FHT has two types of primary health care providers:

1. Physician

The key role of the Family Physician is to provide continuous primary care to individual patients and their family members. The Physician helps to coordinate the patient's care and helps them navigate through the health care system. Family Physicians have expert knowledge about the health care system, health promotion and health maintenance. Physicians also provide consultation services to Nurse Practitioners.

The Maitland Valley FHT Physicians are:

Dr. Sam Appavoo	Dr. Dan Noel
Dr. Charlton Chan	Dr. Aleksander Radan
Dr. Michael Dawson	Dr. Kim Spacek
Dr. Jim Hollingworth	Dr. Stan Spacek
Dr. Rehka Lal	Dr. Hilary Watson
Dr. Donald Neal	

2. Nurse Practitioners RN (EC) (nurses in the extended class)

The Nurse Practitioner (NP) is a Registered Nurse with additional education to prepare her/him for advanced nursing practice in the provision of primary health care to individuals, families and communities. NPs have advanced knowledge and decision making skills in health assessment, diagnosis, medications, health care management and community development. They work collaboratively with Family Doctors in the total care of patients in a primary care setting.

The Maitland Valley FHT Nurse Practitioners are:

Kari Johnson	Sue Leddy
Debbie Selkirk	Patti McManus

MVFHT ALLIED HEALTH PROFESSIONALS

Registered Nurses (RN)

The Registered Nurse works together with primary health care providers in the provision of primary care for patients. At the Maitland Valley FHT, Nurses work directly with the primary health care provider to provide health assessments, treatment and management of disease, education and advocacy and collaboration with other health professionals and agencies.

Diabetes Nurse Educator and Program Coordinator – Joan Hutton

The MVMC FHT has an RN specifically to provide education and support to patients with diabetes and related chronic diseases. This RN works with all the Physicians and Nurse Practitioners to provide specialized care for the treatment and management of health for individual patients. Programs focusing on diabetes, healthy living, wellness and preventative health care are provided regularly.

Dietitian – Barbara Chisholm

Dietitians assess nutritional needs as well as treat and prevent related disorders by nutritional means. Dietitians are educated in the science and management of nutrition and dietetics and can contribute to health promotion and illness prevention. The Dietitian provides patient and family education to ensure safe and healthy eating strategies.

Pharmacist – Michael Ibrahim

Pharmacists are health care providers who are medication experts. As members of the Family Health Team, Pharmacists assist other members of the team in managing patients with complex drug related needs. Pharmacists assess individual patient profiles and identify potential and actual drug-related problems and determine appropriate options to resolve them.

Social Worker – Lynne Harris

The practice of social work involves the assessment, diagnosis and treatment of an individual's interpersonal and societal problems. Social Workers provide the psychosocial perspective to complement the medical perspective. The Social Worker can provide individual and group counseling, linkages to other community resources, education on mental health issues and advocacy.

Psychologist – Dr. Arnold Muller

Psychologists assess behavioural and mental conditions, diagnose psychological disorders and treat these disorders through behavioural therapy. Therapy helps people deal with mental health issues.

Referrals – Referrals to any of the above allied health professionals can be made through your Physician or Nurse Practitioner. If you would like to refer yourself to any of these professionals please contact them directly to discuss the reasons pertaining to the referral.



PATIENT SERVICES

Primary Care Patient Visits - The MVMC FHT offers regular clinics for patients of the FHT. You will be seen by a Physician or Nurse Practitioner during these visits.

Diabetes Clinic – This clinic provides ongoing assessment and follow up for patients of the MVMC with diabetes for the purpose of achieving and maintaining optimal health.

Other Specialty Clinics and Patient Services (currently being offered or under development, including but not limited to)

- Flu shot clinics
- Healthy living programs (i.e. smoking cessation, weight management,)
- Coping with chronic pain, anxiety and depression

Making Appointments

Please allow us to schedule your visit appropriately by providing our office staff with the reason for your visit. i.e. medication renewal, adverse drug reactions, follow up for test results, routine visit, health exams, diabetes care, mental health counseling.

Urgent visit requests will be evaluated by phone and given priority scheduling if necessary. You may be seen by your Physician or a Nurse Practitioner. Visits are by appointment only.

Patient Responsibilities

- Please notify the staff of any changes to your address, telephone number, marital status, occupation, etc
- Please bring your health card and all medications with you to every appointment with your Physician or Nurse Practitioner
- Uninsured Services – Not all health services are covered by OHIP. Before an uninsured service is provided you will be informed of this and the associated fee. Payment by cash or cheque is required in advance of any such service. Examples: Drivers licence exam, completion of some medical forms, transfer of records, missed appointments, some diagnostic lab services