



Life Long Care & Senior Health Advocate
 M'Wikwedong Native Cultural Resource Centre
 1723 8th Ave East, ON N4K 1Y4
 Programming for Urban Aboriginals and participants.
 519-371-1147 (Margaret x 29)
 August 2012



Sun.

Mon.

Tues.

Wed.

Thurs.

Fri.

Sat.

<p>All events posted are subject to change.</p>	<p>Contact Margaret at 705 - 688-6871 for further information.</p>		<p>1 Garden Living 10am - 12pm Admin Day 1 - 3</p>	<p>2 Friendly Visits & Aboriginal Support 1- 4</p>	<p>3 Social Gathering & Active Living in the Garden 10am - 2pm</p>	<p>4</p>
<p>5</p>	<p>6 Friendly Visits & Aboriginal Support Community Outreach 1- 4</p>	<p>7 Friendly Visits & Aboriginal Support 1 - 4</p>	<p>8 Garden Living 10 am - 12pm Admin Day 1 - 3</p>	<p>9 COOKING & TAKE HOME 12:30 - 3</p>	<p>10 Social Gathering & Active Living in the Garden 10am - 2pm</p>	<p>11</p>
<p>12</p>	<p>13 Garden Living 10 am - 12pm ARTS & CRAFTS - Beading 1 - 3</p>	<p>14 Friendly Visits & Aboriginal Support 1- 4</p>	<p>15 Health Fair - Mino Bimaadsawin Health Centre - Saugeen 10am - 2 pm Admin Day</p>	<p>16 ELDER'S LUNCHEON 12:30 - 2</p>	<p>17 Social Gathering & Active Living in the Garden 10am - 2pm</p>	<p>18</p>
<p>19</p>	<p>20 Garden Living 10am - 12pm ARTS & CRAFTS - Beading 1 - 3</p>	<p>21 Friendly Visits & Aboriginal Support 1- 4</p>	<p>22 Garden Living 10am - 12pm Admin Day 1- 3</p>	<p>23 PRESENTATION - Finding a Balance in our Stressful World - Canadian Mental Health 1- 3pm</p>	<p>24 Active Living in the Garden 10am - 12pm Games Day - BINGO 1- 3</p>	<p>25</p>
<p>26</p>	<p>27 Garden Living 10am - 12pm ARTS & CRAFTS - Beading 1 - 3</p>	<p>28 Keady Market 9am - 1pm Friendly Visits & Aboriginal Support 1 - 4</p>	<p>29 Garden Living 10am - 12pm Admin Day 1- 3</p>	<p>30 Friendly Visits & Aboriginal Support 1- 4</p>	<p>31 Social Gathering & Active Living in the Garden 10am - 2pm</p>	



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2	3 Garden Living 10am - 12pm	4 Friendly Visits & Aboriginal Support 1-4	5 FOOTCARE CLINIC 9am - 3pm	6 Friendly Visits & Aboriginal Support 1-4	7 Active Living in the Garden 10am - 12pm Games Day - Card Tournament 1-3	8
9	10 Garden Living 10am - 12pm	11 Friendly Visits & Aboriginal Support 1-4	12 Admin Day COOKING & TAKE HOME 12:30 - 3pm	13 Friendly Visiting & Aboriginal Support 1-4	14 Social Gathering & Active Living in the Garden 1-3	15
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