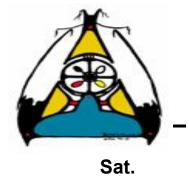


Life Long Care & Senior Health Advocate M'Wikwedong Native Cultural Resource Centre 1723 8th Ave East, ON N4K 1Y4 Programming for Urban Aboriginals and participants. **519-371-1147 (Margaret x 29)** August 2012

Thurs.

Wed.

Tues.

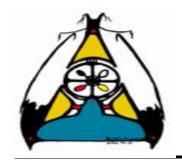


Fri.

All events posted are subject to change.	Contact Margaret at 705 - 688-6871 for further information.		1 Garden Living 10am - 12pm Admin Day 1 - 3	2 Friendly Visits & Aboriginal Support 1–4	3 Social Gathering & Active Living in the Garden 10am - 2pm	4
5	6 Friendly Visits & Aboriginal Support Community Outreach 1–4	7 Friendly Visits & Aboriginal Support 1 - 4	8 Garden Living 10 am - 12pm Admin Day 1 - 3	9 COOKING & TAKE HOME 12:30 - 3	10 Social Gathering & Active Living in the Garden 10am - 2pm	11
12	13 Garden Living 10 am - 12pm ARTS & CRAFTS - Beading 1 - 3	14 Friendly Visits & Aboriginal Support 1–4	15 Health Fair - Mino Bimaadsawin Health Centre - Saugeen 10am - 2 pm Admin Day	16 ELDER'S LUNCHEON 12:30 - 2	17 Social Gathering & Active Living in the Garden 10am - 2pm	18
19	20 Garden Living 10am - 12pm ARTS & CRAFT S - Beading 1 - 3	21 Friendly Visits & Aboriginal Support 1–4	22 Garden Living 10am - 12pm Admin Day 1– 3	23 PRESENTATION - Finding a Balance in our Stressful World - Canadian Mental Health 1- 3pm	24 Active Living in the Garden 10am - 12pm Games Day - BINGO 1-3	25
26	27 Garden Living 10am - 12pm ARTS & CRAFTS - Beading 1 - 3	28 Keady Market 9am - 1pm Friendly Visits & Aboriginal Support 1 - 4	29 Garden Living 10am - 12pm Admin Day 1– 3	30 Friendly Visits & Aboriginal Support 1–4	31 Social Gathering & Active Living in the Garden 10am - 2pm	



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Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Contact Margaret at 705–688-6871 for further Information.	All events posted are subject to change.					Ι
2	3 Garden Living 10am - 12pm	4 Friendly Visits & Aboriginal Support 1–4	5 FOOTCARE CLINIC 9am - 3pm	6 Friendly Visits & Aboriginal Support 1–4	7 Active Living in the Garden 10am - 12pm Games Day - Card Tournament 1 - 3	8
9	10 Garden Living 10am - 12pm	11 Friendly Visits & Aboriginal Support 1–4	12 Admin Day COOKING & TAKE HOME 12:30 - 3pm	13 Friendly Visiting & Aboriginal Support 1–4	14 Social Gathering & Active Living in the Garden 1–3	15
16	17 Garden Living 10am - 12pm	18 Friendly Visits & Aboriginal Support 1–4	19 Admin Day	20 ELDER'S LUNCHEON 12:30 - 2:00	21 Social Gathering & Active Living in the Garden 1–3	22
23	24 Garden Living 10am - 12pm	25 Friendly Visits & Aboriginal Support 1 - 4	26 Admin Day	27 Friendly Visiting & Aboriginal Support 1–4	28 Social Gathering & Active Living in the Garden 1 - 3	29