

Consumer Health Websites

This section provides links to credible consumer health websites, medical websites and health service directories and guides offering information on the full spectrum of health care, locally, regionally and nationally.

[Canadian Health Network](#)

Offers links to Canadian web-based resources and information on key health topics, population groups and current health issues

[Childrensinfo.ca](#)

Website of information about all the children and youth programs and services provided by the Government of Ontario

[Familyinfo.ca](#)

Online resource providing information on early years programs, services and resources for London and Middlesex

[Health Care Information Resources](#)

A collection of links to sources of health care information and resources, compiled by McMaster University, Hamilton, Ontario

[Health Canada Online](#)

A national website featuring health information of interest to the general public

[Healthyontario.ca](#)

This site contains health assessment tools, health and medical information, healthcare services available in Ontario, and links to other Ontario and not-for-profit health and wellness websites

[Healthy Way](#)

Canadian site offering information and tips on various health topics

[HONMedHunt](#)

Search engine that links to various health care websites around the world

[Mycommunityinfo.ca](#)

A regional information service providing access to local community and government information through a web service and personal service desks powered by Google

[Mindyourmind.ca](#)

Website providing a forum for shared resources, information and experience about mental health and stress management for youth in London

[National Library of Medicine, MEDLINEplus](#)

U.S. public medical encyclopedia, dictionary and resources about various health topics including drugs and supplements

[PubMed Central](#)

U.S. National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature.

[Shelternet.ca](#)

A web site offering an online directory of women's shelters across Canada and information about safety planning