



South West Regional Wound Care Toolkit

Section B.5.5 UCLA Pain Management Resource

MODERATE

UNIVERSAL PAIN ASSESSMENT TOOL

This pain assessment tool is intended to help patient care providers assess pain according to individual patient needs. Explain and use 0-10 Scale for patient self-assessment. Use the faces or behavioral observations to interpret expressed pain when patient cannot communicate his/her pain intensity.

	0	1	2	3	4	5	6	7	8	9	10
Verbal Descriptor Scale	NO PAIN	MILD PAIN	MILD PAIN	MODERATE PAIN	MODERATE PAIN	MODERATE PAIN	MODERATE PAIN	SEVERE PAIN	SEVERE PAIN	SEVERE PAIN	WORST PAIN POSSIBLE
WONG-BAKER FACIAL GRIMACE SCALE											
ACTIVITY TOLERANCE SCALE	Alert Smiling	No humor serious flat	No humor serious flat	Furrowed brow pursed lips breath holding	Furrowed brow pursed lips breath holding	Wrinkled nose raised upper lips rapid breathing	Wrinkled nose raised upper lips rapid breathing	Slow blink open mouth	Slow blink open mouth	Slow blink open mouth	Eyes closed moaning crying
	NO PAIN	CAN BE IGNORED	CAN BE IGNORED	INTERFERES WITH TASKS	INTERFERES WITH TASKS	INTERFERES WITH CONCENTRATION	INTERFERES WITH CONCENTRATION	INTERFERES WITH BASIC NEEDS	INTERFERES WITH BASIC NEEDS	INTERFERES WITH BASIC NEEDS	BEDREST REQUIRED
SPANISH	NADA DE DOLOR	UNPOQUITO DE DOLOR	UNPOQUITO DE DOLOR	UN DOLOR LEVE	UN DOLOR LEVE	DOLOR FUERTE	DOLOR FUERTE	DOLOR DEMASIADO FUERTE	DOLOR DEMASIADO FUERTE	DOLOR DEMASIADO FUERTE	UN DOLOR INSOPORTABLE
TAGALOG	Walang Sakit	Konting Sakit	Konting Sakit	Katamtamang Sakit	Katamtamang Sakit	Matinding Sakit	Matinding Sakit	Pinaka-Matinding Sakit	Pinaka-Matinding Sakit	Pinaka-Matinding Sakit	Pinaka-Malalang Sakit
CHINESE	不痛	轻微	轻微	中度	中度	严重	严重	非常严重	非常严重	非常严重	最严重
KOREAN	통증 없음	약한 통증	약한 통증	보통 통증	보통 통증	심한 통증	심한 통증	아주 심한 통증	아주 심한 통증	아주 심한 통증	최악의 통증
PERSIAN (FARSI)	بدون درد	درد ملایم	درد ملایم	درد معتدل	درد معتدل	درد شدید	درد شدید	درد بسیار شدید	درد بسیار شدید	درد بسیار شدید	بدترین درد ممکن
VIETNAMESE	Không Đau	Đau Nhẹ	Đau Nhẹ	Đau Vừa Phải	Đau Vừa Phải	Đau Nặng	Đau Nặng	Đau Thật Nặng	Đau Thật Nặng	Đau Thật Nặng	Đau Đớn Tận Cùng
JAPANESE	痛みがない	少し痛い	少し痛い	いくらか痛い	いくらか痛い	かなり痛い	かなり痛い	ひどく痛い	ひどく痛い	ひどく痛い	ものすごく痛い

Copyright © 2009 - UCLA David Geffen School of Medicine, Department of Anesthesiology & UC Regents

Available at: http://www.anes.ucla.edu/uclapainmanagement_ratingscales.php Permission Pending.