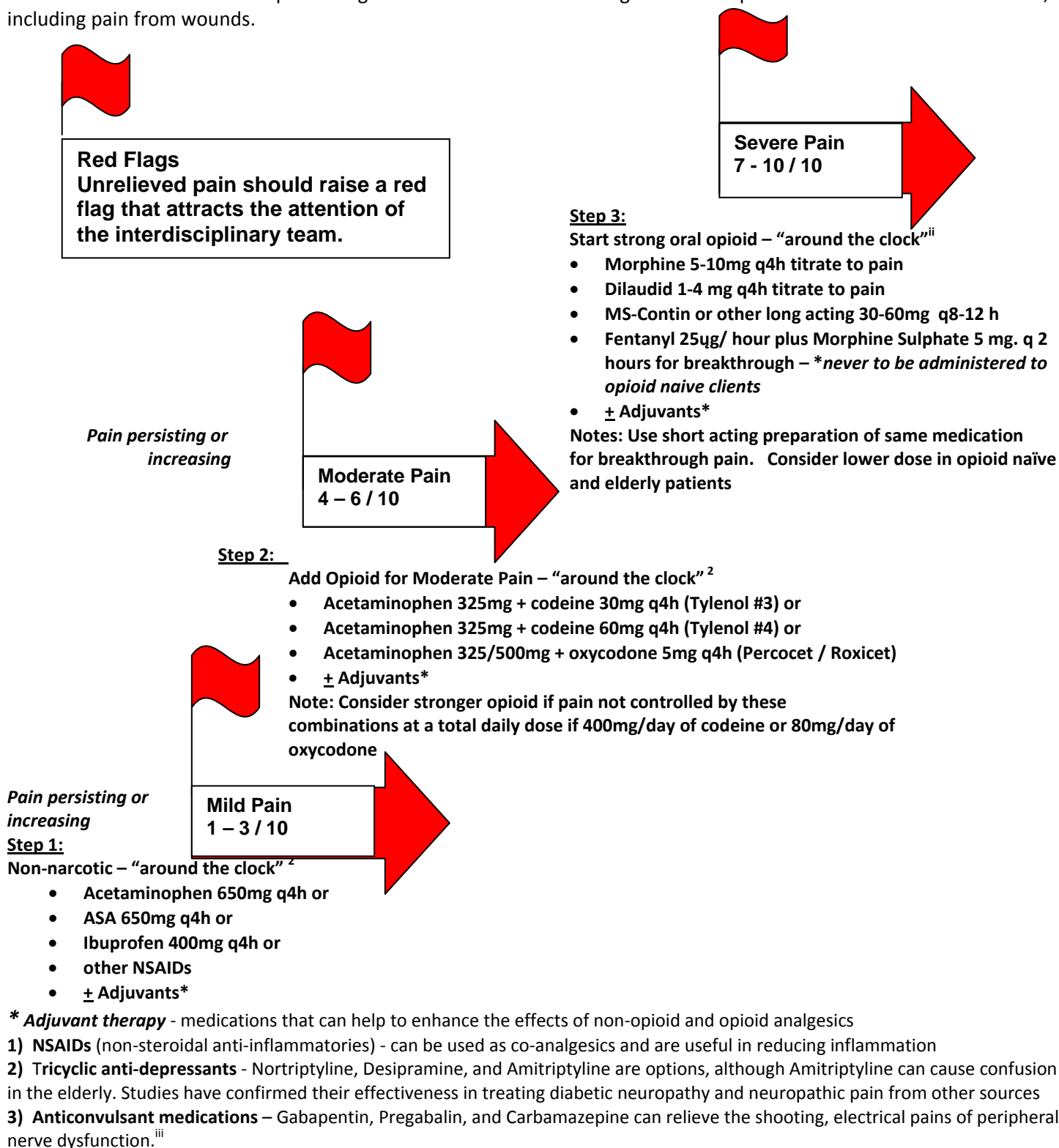




South West Regional Wound Care Toolkit

B.5.3 WHO Pain Ladder with Pain Management Guidelines

The **WHO Pain Ladder**ⁱ was developed in 1986 as a conceptual model to guide the management of cancer pain. There is now a worldwide consensus promoting its use for the medical management of all pain associated with serious illness, including pain from wounds.



ⁱ World Health Organization, (2009). WHO's Pain Relief Ladder. www.who.int/cancer/palliative/painladder/en/

² Roden, A. & Sturman, E. (2009). Assessment & Management of patients with wound-related pain. *Nursing Standard*, 23(45) 53-62

³ *Principles of best practice: Minimizing pain at wound dressing-related procedures. A consensus document. (2007). Toronto, Ontario, Canada: c WoundPedia Inc. 2007.*